

**D.Y. PATIL EDUCATION SOCIETY, DEEMED TO BE  
UNIVERSITY,  
D.Y.PATIL MEDICAL COLLEGE, KOLHAPUR  
DEPARTMENT OF ORTHOPAEDICS.  
REPORT**

<b>TITLE</b>	<b>Guest Lecture by:</b> - <i>Dr. Ashish Shankar, MS (Ortho), Fellow – Foot &amp; Ankle, Hip &amp; Knee (NUH,Singapore), Ilizarov &amp; Deformity Correction (Kurgan,Russia), Pain Management (Pune).</i>
<b>TOPIC</b>	<i>“Foundations of Longevity and Human Potential Optimization”</i>
<b>DATE</b>	09 <sup>th</sup> August, 2025. Saturday.
<b>ORGANISER</b>	Department Of Orthopaedics.
<b>INTRODUCTION</b>	<p>On <b>Saturday, August 9, 2025, at 9:30 AM</b>, the Department of Orthopedics at <b>Dr. D. Y. Patil Medical College Hospital and Research Institute, Kadamwadi, Kolhapur</b>, organized an <b>Alumni Webinar</b> featuring <b>Dr. Ashish Shankar</b>, MS (Ortho), Fellow in Foot &amp; Ankle, Hip &amp; Knee (NUH, Singapore), Ilizarov &amp; Deformity Correction (Kurgan, Russia), and Pain Management (Pune). The webinar was held at the <b>1<sup>st</sup> Floor Auditorium Hall</b> of the institute.</p> <p>Dr. Shankar delivered an insightful online lecture on <b>“Foundations of Longevity and Human Potential Optimization”</b>, supported by a PowerPoint presentation. The session was introduced by <b>Dr. Amol Gowaikar</b>, Associate Professor, Department of Orthopedics.</p> <p><b>Attendees</b></p> <ul style="list-style-type: none"><li>- <b>Department Heads:</b> Dr. Pradeep Patil (Orthopedics), Dr. Nivedita Patil (Pediatrics), Dr. Madam (Medicine), Dr. B.C. Patil (Ear, Nose, and Throat)</li><li>- <b>Other attendees:</b> Professors of other departments, junior residents of the Orthopedic department, and interns.</li></ul>

**EVENT  
DETAILS**



**DR. D. Y. PATIL  
MEDICAL COLLEGE HOSPITAL  
& RESEARCH INSTITUTE**  
Accredited by NAAC with 'A++' Grade  
Reg. No. 227(Kolhapur Municipal Corporation)

Outward No.: **DYPH/MS/382/2025.** Date: **07.08.25**

**DEPARTMENT OF ORTHOPAEDICS**

**CIRCULAR**

There will be a "ALUMNI WEBINAR" on **SATURDAY, 09/08/2025** at **09:30 am To 10:30 Am.** Compulsory attendance of all Interns, Residents & Faculty.

**TOPIC - "Foundations of Longevity and Human Potential Optimization"**

◆ **Dr. Ashish Shankar,**  
MS (Ortho),  
Fellow - Foot & Ankle, Hip & Knee (NIH, Singapore),  
Ilizarov & Deformity Correction (Kurgan, Russia),  
Pain Management (Pune).

**VENUE - 1<sup>st</sup> floor Auditorium Hall, Dr. D Y Patil Medical College, Hospital & Research  
Institute, Kadamwad, Kolhapur.**

*[Signature]*  
Medical Superintendent  
Dr. D. Y. PATIL MEDICAL COLLEGE  
HOSPITAL & RESEARCH INSTITUTE  
KADAMWADI, KOLHAPUR - 415 003

*[Signature]*  
Dr. Prady Patil  
Prof. & Head  
Dept. Of Orthopaedics  
DR.PATIL PRADIPKUMAR B.  
Professor & HOD  
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D.Y. Patil Medical College,  
Kolhapur.

*[Seal]*  
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KOLHAPUR, KOLHAPUR

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+91 7083945909

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**OBJECTIVES**

*The primary objectives of the webinar were:*

- To explore the scientific and clinical foundations of human longevity.
- To discuss strategies for optimizing physical and mental potential across the lifespan.
- To foster interdisciplinary dialogue among medical professionals on holistic approaches to health and wellness.
- To engage alumni in academic enrichment and collaborative learning.

## AGENDA & ACTIVITIES

**D. Y. PATIL  
MEDICAL COLLEGE  
KOLHAPUR**  
A Constituent Unit of  
D. Y. Patil Education Society  
(Deemed to be University), Kolhapur  
Declared U/S 3 of UGC Act 1956  
Accredited by NAAC with 'A++' Grade

Alumni Webinar on  
**FOUNDATIONS OF  
LONGEVITY & HUMAN  
POTENTIAL OPTIMIZATION**

Organized by  
Department of Orthopedic

Alumni Speaker

**Dr. Ashish Shankar**  
MS (Ortho), Fellow – Foot & Ankle, Hip & Knee  
(NUH, Singapore), Ilizarov & Deformity Correction (Kurgan, Russia),  
Pain Management (Pune)

*Date & Time*  
Saturday, 09<sup>th</sup> August, 2025  
09:30 AM to 10:30 AM

*Venue*  
1<sup>st</sup> Floor, Auditorium Hall,  
Dr. D Y Patil Medical College Hospital &  
Research Institute, Kolhapur

## LEARNING OUTCOME

*Participants gained the following insights and knowledge:*

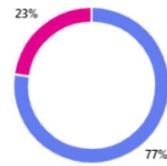
- *Understanding of Longevity Science:* Key biological, orthopedic, and lifestyle factors influencing human longevity.
- *Optimization Techniques:* Evidence-based methods for enhancing musculoskeletal health, pain management, and overall human performance.
- *Interactive Engagement:* Active participation through Q&A sessions with faculty members including Dr. Pradeep Patil, Dr. Nivedita Patil, Dr. PG Kulkarni, and others.
- *Future Directions:* Announcement of a potential workshop on the topic by Dr. Pradeep Patil, Head of the Department of Orthopedic.

## FEEDBACK & EVALUTATIONS

3. How satisfied were you with the overall organization of the webinar?

[More details](#)

Very satisfied	17
Satisfied	5
Neutral	0
Dissatisfied	0



4. Was the topic "*Foundations of Longevity and Human Potential Optimization*" relevant and useful to your professional interests?

[More details](#)

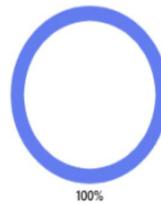
Extremely relevant	19
Somewhat relevant	3
Neutral	0
Slightly relevant	0



5. Was the duration of the webinar appropriate?

[More details](#)

Yes	22
No	0



7. Would you recommend this webinar to your colleagues or peers?

[More details](#)

Yes	21
No	0
Maybe	1



**GEOTAGGED  
PHOTOS**





Kolhapur, Maharashtra, India  
Kadamwadi, Kolhapur, Maharashtra 416001,  
India  
Lat: 16.714469, Long: 74.256700  
08/09/2025 09:59 AM GMT-05:30  
Note - Captured by GPS Map Camera

*Patil*

*Medical Superintendent*  
Dr. D. Y. PATIL MEDICAL COLLEGE  
HOSPITAL & RESEARCH INSTITUTE  
KADAMWADI, KOLHAPUR - 416 003



*Patil*

**Dr. Pradip Patil**  
**Professor & Head**  
**Dept. Of Orthopaedics**  
**DR. PATIL PRADIPKUMAR B.**  
**Professor & HOD**  
**Dept. of Orthopedics**  
MMC: 81381  
D.Y. Patil Medical College,  
Kolhapur.



# D. Y. PATIL MEDICAL COLLEGE

Constituent Unit of

D. Y. PATIL EDUCATION SOCIETY

(DEEMED TO BE UNIVERSITY), KOLHAPUR

AUGUST 2025

Organizing College/ Department	ORTHOPAEDICS			Guest / Alumni Lecture <input checked="" type="checkbox"/>
Date: 09/08/2025	Time: 9:30am 10:30am	Duration: 01 HRS	Venue: Hall, DYPH. <sup>1st Floor Auditorium</sup>	
Title of talk	FOUNDATIONS OF LONGEVITY & HUMAN POTENTIAL OPTIMIZATION			
Name of Speaker & Affiliation	Dr. Ashish Shankar MS (ortho), Fellow - Foot & Ankle, Hip & Knee (NUH, Singapore) Ilizarov & deformity correction (Kurgan, Russia), Pain Management (Pune).			

### Faculty Attendance

Sr No	Employee ID	Name of attendee	Department	Designation	Time	Signature
1	DYPIE/1132	Dr. Pradip Patil	ortho	PROF & HEAD	9:30am	
2	DYPIE/1130	Dr. P. G. Kulkarni	ortho	Prof.	9:15	
3	DYPIE/1135	Dr. Anmol Gawaikar	ortho	Asst. Prof.	9:18	
4	DYPIE/42049	Dr. Sushant Mane	ortho	SR	9:20	
5	DYPIE/1101	Dr. Nivedita Patil	Paed.	Prof. MOD	9:30	
6	DYPIE/11177	Dr. Rajendra Mane	med	prof	9:30	
7	DYPIE/1102	Dr. R. M. Nigade	Ped	Asso. Prof.	9:30	
8	DYPIE/42587	Dr. Ravindra Pawar	Red	Asst. Prof.	9:30	
9	DYPIE/11137	Dr. Umesh Jais	ortho asst. prof	Asst. Prof.	9:30	
10	DYPIE/43055	Dr. Jayant Bhole	ortho	S.R.	9:30	
11	DYPIE/41458	Dr. Siddhant Nigade	ortho	Asst. Prof.	9:30	
12	DYPIE/40075	Dr. Nitin G. Bhokare	ortho	Asst. Prof.	9:30	
13	DYPIE/11159	Dr. A. A. Mohite	ENT	Prof.	9:30	
14	DYPIE/11155	Dr. Varadara Varate	ENT	Prof.	9:30	
15	DYPIE/42552	Dr. Ashwin Baba	Ortho	Asst. Prof.	9:30	
16	DYPIE/42239	Dr. Ayush Sethi	Ortho	SR	09:30	

DR. PATIL PRADIP KUMAR B.  
Professor & HOD  
Dept. of Orthopedics  
MMC: 81381

D. Y. Patil Medical College,  
Kolhapur

