



**D.Y. PATIL EDUCATION SOCIETY,
DEEMED TO BE UNIVERSITY,
D.Y.PATIL MEDICAL COLLEGE, KOLHAPUR
DEPARTMENT OF SURGERY
GUEST LECTURE - REPORT**

TITLE	GUEST LECTURE
TOPIC	BEYOND SYLLABUS HEALING THE HEALER
DATE AND TIME	23/08/2025 Saturday 12 noon
SPEAKER	Dr. JABEEN BASADE WELLNESS AND RELATIONSHIP COACH
ORGANISER	Department of General Surgery, D Y Patil Hospital, Kadamwadi, Kolhapur
VENUE	1 st Floor Hospital Auditorium Hall D. Y. Patil Hospital Kadamwadi Kolhapur
INTRODUCTION	<p>The Department of General Surgery at Dr. D. Y. Patil Medical College, Hospital and Research Institute, Kadamwadi, Kolhapur, proudly hosted a guest lecture titled "BEYOND SYLLABUS: HEALING THE HEALER" on Saturday, August 23rd, 2025.</p> <p>This insightful session was delivered by the distinguished Dr. Jabeen Basade, who brought valuable perspectives on the importance of self-care and mental well-being among healthcare professionals. The lecture emphasized holistic healing approaches, aimed at supporting those who dedicate their lives to caring for others.</p> <p>The event was chaired by Professor and Head of Department Dr. Mrs. Khyalappa Rekha, with the presence of Department of Medicine Head & faculty members, Postgraduate (PG) students, and Interns..</p>



**D. Y. PATIL
MEDICAL COLLEGE
KOLHAPUR**

A Constituent Unit of
D. Y. Patil Education Society
(Deemed to be University), Kolhapur
Declared U/S 3 of UGC Act 1956
Accredited by NAAC with 'A++' Grade

**EVENTS
DETAILS**

Guest Lecture on

**BEYOND SYLLABUS
HEALING THE
HEALER**

Organized by
Department of Gen. Surgery

Guest Speaker

Dr. Jabeen Basade

Wellness And Relationship Coach

Date & Time

Saturday, 23rd August, 2025
12.00 Noon onwards

Venue

1st Floor, Auditorium Hall,
Dr. D. Y. Patil Medical College Hospital &
Research Institute, Kolhapur



OBJECTIVES

- To raise awareness about the mental and emotional challenges faced by healthcare providers.
- To introduce strategies and practices for self-care, stress management, and emotional resilience.
- To encourage a culture of wellness and balance within the medical community, enhancing both personal and professional well-being.

ATTENDANCE SHEET

Student Attendance					
Sr No	PRN Number	Name of Student	Department	Designation	Signature
1	2023003007	Dr. Vaishnavi S. Kapare	Gen. Surgery	JR-2	[Signature]
2	2022003004	Dr. D. Rohith Reddy	Gen. Surgery	JR-3	[Signature]
3	2024003009	Dr. Raj Kumar	Gen Surgery	JR-1	[Signature]
4	2022003005	Dr. M. Smittha	Gen. Surgery	JR-3	[Signature]
5	2022003012	Dr. Sarvika Rokade	Gen. Surgery	JR-3	[Signature]
6	2022003003	Dr. Ganesh Patil	Gen. Surgery	JR-3	[Signature]
7	2023003011	Dr. Samreen Suredhi	Gen. Surgery	JR-2	[Signature]
8	2024003005	Dr. Isha Sarraf	Gen. Surgery	JR-1	[Signature]
9	2023003010	Dr. Pranav Ahuja	Gen. Surgery	JR-2	[Signature]
10	2024003009	Dr. Yashika Siva Rame Krishna	Gen. Surgery	JR-1	[Signature]
11	2024003003	Dr. Akshay Dash	Gen. Surg	JR-1	[Signature]
12	2024002016	Dr. Anshika Mutha	Gen. Medicine	JR-1	[Signature]
13	2024002012	Dr. K. Vaishnavi	Gen. medicine	JR-1	[Signature]
14	2024002020	Dr. YASHU VAISHNANI	Gen. medicine	JR-1	[Signature]
15	2024002013	Dr. PARTH KHADELA	Gen. Medicine	JR-1	[Signature]
16	2024002009	Dr. Gourav Lata	Gen. medicine	JR-1	[Signature]
17	2024002018	Dr. Rahul Phad	Gen. med	JR-1	[Signature]
18	2024002015	Dr. Jyoti Reddy	Gen. med	JR-1	[Signature]
19	2023129172	Dr. Shikha Akhola	Gen. med	JR-2	[Signature]
20	2023002020	Dr. T. Prudhvi Raj	Gen. med	JR-2	[Signature]
21	2023002039	Dr. Nikhil Dutta	Gen. Med	JR-2	[Signature]
22	2023002017	Dr. Simran D. Sharma	Gen. Med	JR-2	[Signature]
23	2023002016	Dr. Shivani R. Bhargava	Gen. Med	JR-2	[Signature]
24	2022003009	Dr. Kishan Madhan	Gen. Surgery	JR-3	[Signature]
25	2024002009	Dr. Omkar Ghosh	Gen. med	JR-1	[Signature]
26	2023002015	Dr. Anubhav Patil	Gen. Med	JR-2	[Signature]
27	2020000435	Shruti Dehmukh	Gen. Surg Intern	Intern	[Signature]
28	2020000436	Aditya Deval	Gen. Surg Intern	Intern	[Signature]
29	2020000438	Dhanyukt Yadav	G. Surgery	Intern	[Signature]
30	2020000431	Yashveel Chaudhary	G. Surgery	Intern	[Signature]
31	2020000430	Shubhada Birajdar	G. Surgery	Intern	[Signature]
32	2020000426	Yash Bhaskar	G. Surgery	Intern	[Signature]
33	2020000441	Farvina Kulkarni	G. Surg	Intern	[Signature]
34	2020000439	Deepthi Singh	G. Surg	Intern	[Signature]
35	2020000427	Bharni Garg	G. Surg	Intern	[Signature]
36	2020000428	Aarva Bhosate	G. Surg	Intern	[Signature]

DR. KHYALAPPA REKHA R.
 Professor & HOD
 Dept. of General Surgery
 MMC: 68131
 N.Y. Pail Medical College

**LEARNING
OUTCOMES**

- Recognize the common sources of stress and burnout experienced by healthcare professionals.
- Understand the significance of self-care in maintaining mental and emotional health.
- Apply practical techniques for stress reduction and emotional healing in their daily lives.
- Foster a supportive environment that promotes holistic well-being among colleagues and peers.

Learning Points:

Presentation Highlights

Dr. Jabeen Basade delivered a well-structured Power Point presentation that covered the following key areas:

- Identify common stressors and burnout symptoms in healthcare professionals.
- Understand the importance of self-care for mental and emotional well-being.
- Implement practical strategies for managing stress and maintaining resilience.
- Promote a culture of wellness and support within the healthcare environment.

Conclusion

The session concluded with **Dr. Mrs. Khyalappa Rekha**, Head of the Department, expressing gratitude to **Dr. Jabeen Basade** for his valuable contribution. She was honored with a **certificate of appreciation** and a **memento** as a token of recognition.

FEEDBACK & EVALUTATIONS

1. How would you rate the overall quality of the guest lecture? [Copy](#)

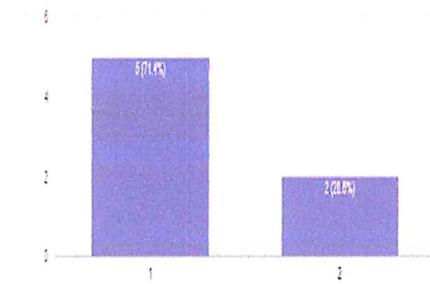
- A. Excellent
- B. Good
- C. Average
- D. Poor

3 responses



2. How relevant was the topic to your course/interest? [Copy chart](#)

7 responses



How well did the guest speaker explain the concepts? [Copy chart](#)

- A. Very clearly
- B. Clearly
- C. Somewhat clearly
- D. Not clearly

7 responses



How engaging was the speaker's presentation style? [Copy chart](#)

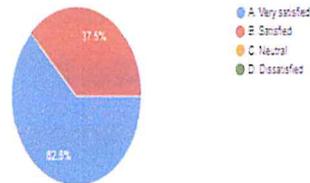
- A. Very engaging
- B. Moderately engaging
- C. Slightly engaging
- D. Not engaging

7 responses



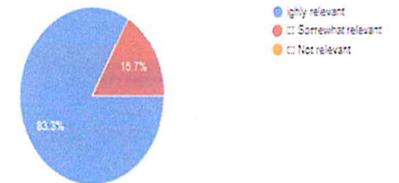
What is your overall satisfaction with the session? [Copy](#)

8 responses



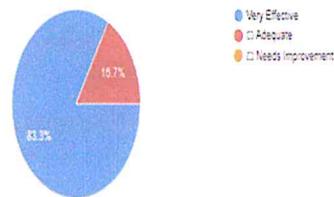
Was the content relevant and meaningful beyond your academic syllabus? [Copy chart](#)

12 responses



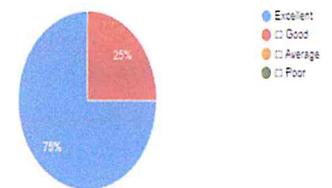
Was the speaker engaging and effective in communication? [Copy](#)

12 responses



How would you rate the overall session? [Copy chart](#)

12 responses



**GEOTAG
PHOTO**



**GEOTAG
PHOTO**



GPS Map Camera
Kolhapur, Maharashtra, India
 Dr D. Y. Patil Hospital, Kadamwadi - Jadhavwadi Rd, Sonal Colony, Scheme No.4, Laxminarayan Nagar, Kadamwadi, Kolhapur, Maharashtra 416003, India
 Lat 16.714899° Long 74.256968°
 23/08/2025 12:17 PM GMT +05:30

**GEOTAG
PHOTO**



GPS Map Camera
Kolhapur, Maharashtra, India
 Dr D. Y. Patil Hospital, Kadamwadi - Jadhavwadi Rd, Sonal Colony, Scheme No.4, Laxminarayan Nagar, Kadamwadi, Kolhapur, Maharashtra 416003, India
 Lat 16.715023° Long 74.25687°
 23/08/2025 01:07 PM GMT +05:30

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Medical Superintendent
**Dr. D. Y. PATIL MEDICAL COLLEGE
 HOSPITAL & RESEARCH INSTITUTE
 KADAMWADI, KOLHAPUR - 416 003**

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**DR. MRS. REKHA KHYALAPPA
 PROFESSOR & HOD
 DEPT. OF GEN. SURGERY.**